

REBUILDUP.COM/FGL



“I thoroughly enjoy this program and love participating in it all year long.”
- Stacey Dalton | 4th Grade Teacher at Sugarloaf Elementary

Designed for 3rd-12th grades, the Food Growing League (FGL) helps with MATH and SCIENCE lessons using the hands on activity of competitive food growing in the classroom. Once setup, it requires just 30 minutes twice a month to plant and harvest and just 5 minutes once or twice a week to water.

Participating schools can send in their curriculum pacing guides to receive access to the MATH and SCIENCE LAB lessons. The lessons use the construction, planting, harvesting, and League competition to help students practice your lesson plan. Classroom growing can also be setup to work with your outdoor school garden.

The League is the updated version of our Classroom to Food Market Pipeline (CFMP) program. To begin, students collect water bottles in a Bottle Drive held in the school’s lunch room. Next, teams are formed of 2 or 3 students each to construct their Portable Gardens.

Once setup, students grow a different food each month in friendly competition with classmates. Winners are decided by harvest weights recorded in the Harvest Sheet. The League takes the top five teams from the in class competition and matches them with another school’s top five to find out who has the best Classroom Farmers. The competition is documented in downloadable score cards and a video for each match. In addition to Class Rank, the Top 20-30 Individual Team Rankings will be shown.

HOW IT WORKS

Classrooms receive their FGL kits about a month before the season starts giving them time to familiarize themselves with the materials including a step by step instruction guide with pictures. Training in person or by Skype is also provided to instructors. Up to four classrooms can participate using



3	2.11	10.03	9.96
4	2.0	13.70	4.61
5	.45	9.90	12.7
	.83	7.75	3.73
	1.48	6.93	3.7
	1.17	10.95	4.64
	.97	10.70	8.60
18	12.35	7.8	2.68
	13.59		7.81

one FGL kit as they take turns each month representing their school in the League. The competition can take place during a **Fall** (Oct-Jan), **Spring** (Feb-May), or **Summer** (Jul-Sep) **Season**. Schools can take part in multiple Seasons in a single school year.

The rotation of four different classrooms in a school can go something like Class A grows Tendergreens in October, Class B grows Garden Cress in November, Class C grows Radishes in December, and Class D grows Kale in January. If just two classes participate, then they would each grow two months of the season and so on.

Extra materials are provided so classes can still grow food even when it's not their turn to compete. The school is only responsible for providing the empty water bottles and scissors. Everything else is provided in the FLG kit. Due to Health Department rules, harvests are given to students to use as pet food for small animals like turtles, birds, and hamsters.

SPONSORS

FGL Sponsors can have their logo featured below their sponsored school on the Monthly Score Card infographic. Self-funding schools will have their school or PTA/PTO logo shown in that space in lieu of a sponsor. Schools can also use the League as a fund raiser selling flowers grown in class for **Mother's Day**. If your school cannot self fund, or find a sponsor, we may be able help.

Visit us at rebuildup.com/fgl for details.

ROUND 3 GARDEN CRESS

FOOD GROWING LEAGUE NCIA

SUGARLOAF ELEMENTARY CLASS D VS STOKESDALE ELEMENTARY CLASS A

08D	07.80	06.75	05A
07D	08.02	09.94	04A
01D	09.96	14.46	02A
03D	12.70	14.94	01A
06D	12.75	16.72	03A
T	51.23	62.81	T

3RD MATCH

SUGARLOAF ELEMENTARY vs **STOKESDALE ELEMENTARY**

HENDERSONVILLE NC vs **STOKESDALE NC**

2017-2018 Season
rebuildup.com/fgl



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