

# REBUILDUP.COM/FGL



***“I thoroughly enjoy this program and love participating in it all year long.”***  
- Stacey Dalton | 4th Grade Teacher at Sugarloaf Elementary

Designed for 3rd-12th grades, the Food Growing League (FGL) helps with MATH and SCIENCE lessons using the hands on activity of competitive food growing in the classroom. Once setup, it requires just 30 minutes twice a month to plant and harvest and just 5 minutes once or twice a week to water.

The League is the updated version of our Classroom to Food Market Pipeline (CFMP) program. To begin, students collect water bottles in a Bottle Drive held in the school’s lunch room. Next, **teams are formed of 2 or 3 students each** to construct their Portable Gardens. Classroom growing can also be setup to work with your outdoor **school garden**.



Once setup, students grow a different food each month in friendly competition with classmates. Winners are decided by harvest weights recorded in the Harvest Sheet. The League takes the **top five teams** from the in class competition and matches them with another school’s top five to find out who has the best Classroom Farmers. The competition is documented in downloadable score cards and a video for each match. In addition to Class Rank, the Top 20 Individual Team Rankings will be shown.

## BONUS ROUNDS

Starting this Spring Season, classrooms will be able to compete for more than just the best plant yields each month. Schools have the option to take part in growing related projects using **Math & Science**. The classroom with the most data gathered and/or most correct answers wins the monthly Bonus Round.

## FUNDRAISING

ReBuildUp wants as many schools as possible to take part in the League. To accomplish this, Spring Seasons will feature growing plants for sale on **Mother’s Day** either directly through the school or a community partner. The money can be used to pay for next year’s League participation. If more money is raised than the cost of the program, the extra money goes to the school.



3	2.11	10.03	9.96
4	2.0	13.70	4.61
5	.45	9.90	12.7
	.83	7.75	3.73
	1.48	10.95	6.93
	1.17	10.70	12.75
	.97	12.35	8.02
18	13.59	7.8	2.68
			7.81



## HOW IT WORKS

Classrooms receive their FGL kits about a month before the season starts giving them time to familiarize themselves with the materials including a step by step instruction guide with pictures. Training in person or by Skype is also provided to instructors. **Up to four classrooms can participate** using one FGL kit as they take turns each month representing their school in the League. The competition can take place during a **Fall** (Oct-Jan) or **Spring** (Feb-May). Schools can take part in multiple Seasons in a single school year.

The rotation of four different classrooms in a school can go something like Class A grows Tendergreens in October, Class B grows Garden Cress in November, Class C grows Radishes in December, and Class D grows Kale in January. If just two classes participate, then they would each grow two months of the season and so on.

**Extra materials** are provided so classes can still grow food even when it's not their turn to compete. The school is only responsible for providing the empty water bottles and scissors. Everything else is provided in the FGL kit. Due to Health Department rules, harvests are given to students to use as pet food for small animals like turtles, birds, and hamsters.

## SPONSORS

FGL Sponsors can have their logo featured in the video below their sponsored school and on the Monthly Score Card infographic. Schools without a sponsor will have their logo shown in that space in lieu of a sponsor. Visit [rebuildup.com/fgl](http://rebuildup.com/fgl) for details.

**VS**

GOLDSBORO NC CHARLOTTE NC

Invest Collegiate Middle Eastern Wayne High

2018-2019 Fall Season rebuildup.com/fgl

Eastern Wayne High Eastern Wayne High CLASS A

FOOD GROWING LEAGUE

Invest Collegiate Middle Invest Collegiate Middle CLASS A

A01P 11.99	05.56 A05
B03P 12.39	05.71 A10
C01P 12.49	06.02 A06
C02P 13.81	06.54 A01
A02P 14.68	07.41 A07
T P 65.36	31.24 T

**ROUND 1 TENDERGREENS**

A. Wright CPA, PLLC Accounting and Tax Services

MGIA 2ND MATCH

Invest Collegiate Middle



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